

LOWER MILLS

TAVERN

DINE-IN • TAKE-OUT • DELIVERY
• WEEKEND BRUNCH 12pm-3pm •

**BEST OF
BOSTON
2018**
AWARDED BY BOSTON MAGAZINE

MONDAY - WEDNESDAY 4pm - 10pm
THURSDAY + FRIDAY 4pm - 11pm
SATURDAY 12pm - 11pm
SUNDAY 12pm - 10pm

BEST NEIGHBORHOOD BAR 🌿

🌿 SALADS 🌿

ROCKET AND PEPPERS SALAD 🌱
asparagus, baby rocket, crumbled goat cheese,
shaved onions, petite bell peppers,
blistered tomatoes, chimichurri vinaigrette 12.

ITALIAN SUMMER SALAD 🌱
radicchio, gem lettuce, artichoke hearts,
heirloom tomatoes, fresh basil,
black pepper dressing 11.

CAESAR SALAD*
romaine hearts, shaved parmesan,
mustard croutons, caesar dressing 11.

..... **SALAD ADD-ON'S**
egg* +1. • bacon +2. • grilled shrimp +7.
• grilled or fried chicken +6. •

ALL OUR DRESSINGS ARE MADE IN HOUSE

🌿 TODAY'S DELIVERIES 🌿

daily specials made with the
fresh fish, meat + produce delivered
this morning from our local vendors

**WE PROUDLY PARTICIPATE IN LOCAL
COMMUNITY SUPPORTED AGRICULTURE**

MENU BY EXECUTIVE CHEF CARA MARIE NANCE

🌿 SIDES 🌿

HAND-CUT FRIES 🌱🌱	7.
TRUFFLE FRIES 🌱	8.
ROASTED POTATOES 🌱🌱	7.
ROASTED PETITE CARROTS 🌱🌱	7.
TOMATO RISOTTO 🌱🌱	8.

🌿 APPETIZERS 🌿

TUNA POKE* 🌱🌱🌱
pickled onions, pistachio, sea salt,
summer greens, ginger + sesame
dressing, fried wonton skins 15.

**FRIED HEIRLOOM
TOMATOES** 🌱
crisp pancetta, fresh mozzarella,
toasted pine nuts, shaved parmesan,
basil oil, balsamic reduction 13.

OKRA HUSHPUPPIES
avocado ranch + jerk aioli,
zesty napa slaw 11.

**ARTICHOKE AND
LIMONCELLO MUSSELS**
bacon lardons, artichoke hearts,
limoncello + basil butter, roasted petite
tomatoes, grilled toast points 16.

SPINACH HUMMUS 🌱
roasted garlic chickpeas, cherry
tomatoes, frisée, petite carrots,
coconut naan, fresh basil 11.

RAW BAR
LOCAL OYSTERS: ROTATING* 🌱
SERVED WITH FRENCH ONION MIGNONETTE
HOUSE-MADE COCKTAIL SAUCE; ROTATING MP.

🌿 PLATES 🌿

CLAM BAKE, BABY
new england clams, shrimp, bacon jam, shaved corn, boiler potatoes,
bacon jam, fresh herbs, paprika lemon butter, grilled bread 24.

SEARED SCALLOPS 🌱🌱
okra + tomato risotto, pancetta + corn butter, summer greens, pignoli nuts 26.

BEEF HASH 🌱
bourbon brisket, grilled corn, red onions, sweet potatoes,
chimichurri sauce, mustard whipped gorgonzola 22.

RED PEPPER PASTA 🌱🌱
red bell pepper + cashew sauce, asparagus, baby arugula,
roasted cauliflower, blistered onions over whole wheat spaghetti 20.

ROSEMARY PEACH CHICKEN
peach-braised chicken breasts, fresh mozzarella,
baby arugula + pistachio salad, smashed red potatoes 21.

🌿 SANDWICHES 🌿

served WITH choice of fries or salad
upgrade to truffle fries +1. | add fried egg* +1. | gluten-free bun +1. 🌱

BUTTERMILK FRIED CHICKEN
vermont cheddar, bacon, lettuce,
tomato, onion, creamy ranch;
on seeded brioche 14.

THE LMT BURGER*
american cheese, bacon,
house sauce, lettuce, tomato,
onion; on seeded brioche 14.

DADDY'S BRISKET
bourbon braised beef, fried onions,
honey glaze, vinegar coleslaw,
jerk aioli; on seeded brioche 14.

BUFFALO CAULIFLOWER 🌱
avocado ranch, red onion,
roasted sweet potato wedges,
frisée; on whole wheat bread 13.

🌿 WOODSTONE PIZZAS 🌿

substitute coconut mozzarella +2. 🌱 substitute gluten-free crust +2. 🌱

HONEY BRISKET
shredded beef, mozzarella, okra, blistered onions, bourbon honey sauce 13.

C.L.T. 🌱
buffalo cauliflower, coconut mozzarella, tomatoes,
red onions, petite greens, avocado dill dressing 12.

TOMATO AND MOZZARELLA 🌱
fresh mozzarella, shaved parmesan, sliced hothouse tomatoes, garlic oil, basil 12.

🌱 GLUTEN-FREE

🌱 PLANT-BASED

🌱 VEGETARIAN

🌱 CONTAINS NUTS

CHECK OUT OUR SUMMER DESSERTS!

*These items may be cooked to order or served raw/undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. Before placing your order, please inform your server if anyone in your party has a food allergy.